

# RECKLESS: A Memoir

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## RECKLESS A Memoir



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### “MOST OF US NEVER GET THIS CLOSE TO THE FLAME”

Why would a middle class white woman fall in love with a convicted felon from Harlem?

Rebecca Allard, Author of *Reckless: A Memoir*, shares her story of addiction to danger and the journey she took to reclaim her heart, mind and soul.

“*Reckless* reads like a psychologically-nuanced thriller, and is all the more riveting because of Rebecca Allard’s insistence on discovering her own responsibility in her near destruction. The intense push-pull of attraction to danger is beautifully rendered and devastating. Most of us never get this close to the flame.” - Philip Gerson is an award-winning playwright, screenwriter and television writer, whose credits include *Murder, She Wrote* and *Dr. Quinn, Medicine Woman*.

“*Reckless* is an intimate articulated psychological treatise of a woman who, in the vulnerability of her youth, fell in love with and married a psychopath.” - Catherine McCall, LMFT, and international bestselling author of *Never Tell, A True Story of Overcoming a Terrifying Childhood*.

Rebecca Allard began her professional acting career in 1971 and later became director of technology implementation for a Fortune 500 accounting and auditing firm. Her story begins in her Texas birthplace and unfolds in New York City in the '70s and '80s. Read more at [www.recklessamemoir.net](http://www.recklessamemoir.net).

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