



Readers' Favorite®
Book Reviews and Award Contest

Book Review



Reviewed by Bobbie Grob for Readers' Favorite

Reckless: A Memoir by Rebecca Allard is not your every day memoir. This is not one of those books that makes a reader wonder when the book will get interesting; this book grabs the reader's attention in just a few pages and the suspense does not let up until the end. Rebecca met Al in 1975, and felt an immediate attraction to him, despite being a newlywed. As she is making her way through auditions and acting gigs to create a career for herself, the shadow of Al follows her around until she finally lets him into her life. There are many obstacles facing Rebecca and Al. Not only is she married with her own demons to face from her childhood and family, but Al is a recently paroled felon, a former drug user, and a black man.

Reckless: A Memoir by Rebecca Allard is more than a tale of two people fighting for love. It is a tale of psychological suspense, abuse, and betrayal that spans decades. This book is brilliantly written and entirely captivating. It also shows exactly how a woman gets herself into an abusive relationship. Abusive relationships never start out that way; there is always a slow buildup until the victim is almost completely ensnared.

Was Rebecca reckless in allowing this man into her life? Maybe, but throughout this story, we see how there are two sides to everyone, and nothing is black and white. I applaud the author for her courage and conviction and for putting herself out there in a way that could be useful to so many.